

Live your life like it's your favorite song.

TUNE reaches out across Nebraska using music to empower and inspire young women and men.

The TUNE project is about giving young people the inspiration and information they need to live full, healthy lives.

The inspiration comes from music. More than 150 songwriters entered the TUNE songwriting contest, and the eight best songs were chosen to launch the TUNE project. At tunemylife.org, you can download the songs, watch interviews with the artists and join conversations with other music fans. You can also find health and wellness resources and encouragement to make positive changes in your life.

TUNE is funded by the Nebraska Department of Health and Human Services through a federal grant, with the help of Nebraska educators, health care providers and music lovers. Everyone who contributed to this project believes in the power of music. We hope that the inspiration young people, especially young women, find in these songs and on our website sets off a chain reaction of wellness in their lives.

SELECTED ARTISTS



ADELAIDE

OMAHA, NE
STYLE: ROCK/POP



ALLY RHODES

OMAHA, NE
STYLE: POP



AMY SCHMIDT

LINCOLN, NE
STYLE: SINGER-SONGWRITER



ARYN MICHELLE

DALLAS, TX
STYLE: POP/DANCE



DAVID POTTER

OMAHA, NE
STYLE: POP/ROCK



MARIJKE JANE

DALLAS, TX
STYLE: POP/ROCK



NICK GOODWIN

SCOTTSBLUFF, NE
STYLE: HIP-HOP



ZACH SVOBODA

VINTON, IA
STYLE: POP/ROCK

TUNE

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